

Intervention Threshold Criteria

An intervention request* may be submitted to The Regulation Station on behalf of a young person if:

TIER 1

- They are experiencing Emotionally Based School Avoidance (EBSA), and/or
- They struggle with the demands of school due to mental ill health, and/or
- They have exhibited self-harming behaviour within the previous six months.

TIER 2

- They have frequent and intense emotional outbursts in response to reasonable behavioural expectations, and/or
- They frequently display antisocial behaviour that disrupts their learning, and/or
- They have experienced 2 suspensions or are at risk of expulsion from school.

*Requests cannot be accepted where other personality disorders, substance use, an eating disorder, psychosis or a moderate/significant learning disability is the primary issue or diagnosis.

Request and assessment

Requests must be made by professional agencies in consultation with the young person and their parent/carer. A pre-request discussion can be requested via the enquiry page or by email to: **referrals@theregulationstation.org**. For a request to be considered it must be made using the Intervention Request form which is available on the website or on request.

Requests are discussed within the team on a weekly basis and before a final decision can be made an orientation meeting will be held with a member of the referring agency, the young person, and their parent/carer. Once a request is accepted the young person and parent will undergo assessments as appropriate (decided at orientation). Joining The Regulation Station is a process and dependent on the circumstances may involve more than one appointment.